Neighbourhood Health Indicators - West Vancouver/Lions Bay



West Vancouver Upper

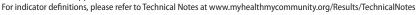
The chart below summarizes select indicators of health and well-being. Results for West Vancouver Upper* are compared to West Vancouver/Lions Bay overall as well as the Metro Vancouver region.

Metro Vancouver

Compared to Metro Vancouver Rettor: Similar: Worst Vancouver/Lions Ray Average Worst Vancouver/Lions Ray Average Worst Vancouver/Lions Ray Average								
Better DOMAIN	● Similar ● Worse ◆ West Vancouver/Lions Indicator	West Vancouver Upper (%) n = 182	West Vancouver/ Lions Bay (%) n = 413	Metro Vancouver (%) n = 28,128	Metro Vancouver	Summary Chart		Metro Vancouver
					Worst (%)			Best (%)
SOCIO- ECONOMIC	Seniors aged 65+ years	23.1	30.9	16.2	4.9		•	39.8
	Education level high school or less	16.4	22.1	38.0	58.5		•	8.9
	Household income under \$40,000	14.0	24.9	31.7	75.6		•	6.9
	Currently employed	61.6	56.2	64.7	39.4	• •		90.5
HEALTH STATUS	General health (excellent/very good)	73.1	68.2	48.5	34.3		•	73.1
	Mental health (excellent/very good)	70.5	71.0	56.5	39.8		•	79.9
	Obesity (BMI 30+)	17.0	19.0	21.7	39.7		•	6.6
	Diabetes	S	5.4	7.7	19.1			2.9
	High blood pressure	16.4	23.5	17.9	29.2	•	•	8.0
	Chronic breathing condition	S	4.0	7.2	13.3			3.7
	Arthritis	11.7	18.1	13.1	27.6	♦	•	4.6
	Mood or anxiety disorder	9.7	12.3	16.3	28.8		• •	7.2
	Multiple chronic conditions	S	7.4	7.9	16.3		•	2.6
LIFESTYLE	Binge drinking (1+ times/month)	17.7	17.2	20.7	39.1			9.5
	Smoker (daily/occasional)	S	6.2	10.6	29.5			3.0
	Physical activity (150+ minutes/week)	62.1	57.8	44.1	26.9		• •	62.1
	5+ servings of fruits and vegetables (/day)	35.5	32.2	24.9	12.9		• •	40.8
	Stress (extremely/quite stressed)	19.0	16.0	17.8	29.1	•	•	9.0
	Screen time (2+ hours/day)	45.7	46.3	47.8	59.7		(32.4
	High physical wellness score (10-16)	43.3	46.9	37.7	21.1		•	52.1
PRIMARY CARE ACCESS	Family doctor access	96.2	90.6	83.1	60.2		• •	99.2
	Visited health care professional (past 12 months)	82.7	87.9	80.4	63.9		•	90.1
	Visited physician with appointment	82.2	83.8	75.0	60.8		•	91.6
	Visited walk-in clinic without appointment	11.3	10.7	16.5	30.7		•	4.5
BUILT ENVIRONMENT	Commute - car	81.0	68.3	55.1	92.0	• •		10.7
	Commute - public transit	12.1	16.8	28.2	5.9	• •		53.9
	Commute - walk or cycle	S	11.0	13.7	4.7	•		52.3
	Commute time (one way 30+ minutes)	54.8	51.8	56.0	81.3		○ ◆	38.8
	Primary mode to run errands - walk or cycle	S	17.5	19.8	4.2		•	77.4
	Second hand smoke exposure (public places)	S	12.3	26.6	43.7		•	7.9
	Sidewalks well maintained (strongly/somewhat agree)	41.4	61.1	75.5	4.9	• •		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	30.6	63.3	69.5	10.1	• •		96.7
	Transit stop (less than 5 minute walk)	74.8	81.7	84.0	37.5	• •		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	37.3	31.9	26.7	16.6		• •	46.6
	Food secure (enough to eat)	98.7	97.1	93.0	74.4		••	100.0
	Community belonging (strong/somewhat strong)	73.9	74.1	55.9	29.0		•	82.6

^{*}West Vancouver Upper is defined as: Lions Bay/Horseshoe Bay/Sunset Beach/Glen Eagles/Eagle Harbour/Eagle Island/Eagle. Refer to MHMC Atlas for further neighbourhood boundary definitions at www.myhealthmycommunity.org/Results/Atlas

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.



4+ people to confide in/turn to for help

