Neighbourhood Health Indicators - Vancouver

Sunset

The chart below summarizes select indicators of health and well-being. Results for Sunset are compared to Vancouver overall as well as the Metro Vancouver region.

Compared to Metro Vancouver
- ● Better
- ● Similar
- ● Worse
- ◆ Vancouver Average

Metro Vancouver Average — Worst ▭ Best

DOMAIN	Indicator	Sunset (%) n = 304	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	14.6	15.4	16.2	4.9		39.8
	Education level high school or less	48.2	34.4	38.0	58.5		8.9
	Household income under $40,000	44.2	38.2	31.7	75.6		6.9
	Currently employed	61.2	64.5	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	42.5	50.0	48.5	34.3		73.1
	Mental health (excellent/very good)	47.0	52.2	56.5	39.8		79.9
	Obesity (BMI 30+)	14.9	15.2	21.7	39.7		6.6
	Diabetes	15.4	6.5	7.7	19.1		2.9
	High blood pressure	21.5	14.5	17.9	29.2		8.0
	Chronic breathing condition	s	7.7	7.2	13.3		3.7
	Arthritis	19.0	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	13.4	18.5	16.3	28.8		7.2
	Multiple chronic conditions	15.3	6.3	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	15.9	25.7	20.7	39.1		9.5
	Smoker (daily/occasional)	7.0	12.1	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	41.2	45.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	18.4	28.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	21.4	17.1	17.8	29.1		9.0
	Screen time (2+ hours/day)	46.3	49.1	47.8	59.7		32.4
	High physical wellness score (10-16)	32.6	40.9	37.7	21.1		52.1
PRIMARY CARE ACCESS	Family doctor access	87.7	76.8	83.1	60.2		99.2
	Visited health care professional (past 12 months)	86.2	81.2	80.4	63.9		90.1
	Visited physician with appointment	76.4	69.6	75.0	60.8		91.6
	Visited walk-in clinic without appointment	11.4	19.4	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	47.3	32.7	55.1	92.0		10.7
	Commute - public transit	41.1	38.9	28.2	5.9		53.9
	Commute - walk or cycle	10.2	25.7	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	54.6	52.6	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	11.5	38.1	19.8	4.2		77.4
	Second hand smoke exposure (public places)	28.2	32.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	72.8	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	75.6	81.4	69.5	10.1		96.7
	Transit stop (less than 5 minute walk)	90.6	91.5	84.0	37.5		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	19.3	24.1	26.7	16.6		46.6
	Food secure (enough to eat)	94.1	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	45.4	53.8	55.9	29.0		82.6
	4+ people to confide in/turn to for help	43.0	49.5	45.0	26.8		60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes