Strawberry Hills

The chart below summarizes select indicators of health and well-being. Results for Strawberry Hills are compared to Surrey overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

● Better ● Similar ● Worse ◆ Surrey Average

Metro Vancouver Average

Worst ▭ Best

DOMAIN	Indicator	Strawberry Hills (%) n = 204	Surrey (%) n = 3,683	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	11.8	15.7	16.2	4.9		39.8
	Education level high school or less	51.1	47.5	38.0	58.5		8.9
	Household income under $40,000	37.7	33.4	31.7	75.6		6.9
	Currently employed	78.7	64.1	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	42.8	45.5	48.5	34.3		73.1
	Mental health (excellent/very good)	58.1	59.6	56.5	39.8		79.9
	Obesity (BMI 30+)	26.5	28.1	21.7	39.7		6.6
	Diabetes	s	11.5	7.7	19.1		2.9
	High blood pressure	13.6	20.6	17.9	29.2		8.0
	Chronic breathing condition	s	6.7	7.2	13.3		3.7
	Arthritis	7.6	13.8	13.1	27.6		4.6
	Mood or anxiety disorder	13.4	15.2	16.3	28.8		7.2
	Multiple chronic conditions	s	10.3	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	12.5	17.2	20.7	39.1		9.5
	Smoker (daily/occasional)	s	11.2	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	38.0	41.3	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	12.9	20.5	24.9	12.9		40.8
	Stress (extremely/quite stressed)	23.4	18.6	17.8	29.1		9.0
	Screen time (2+ hours/day)	41.4	45.6	47.8	59.7		32.4
	High physical wellness score (10-16)	33.7	35.3	37.7	21.1		52.1
PRIMARY CARE ACCESS	Family doctor access	83.8	84.7	83.1	60.2		99.2
	Visited health care professional (past 12 months)	86.9	80.1	80.4	63.9		90.1
	Visited physician with appointment	80.3	73.9	75.0	60.8		91.6
	Visited walk-in clinic without appointment	16.5	18.3	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	70.3	65.5	55.1	92.0		10.7
	Commute - public transit	19.3	23.7	28.2	5.9		53.9
	Commute - walk or cycle	s	6.9	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	60.4	58.0	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	10.9	11.5	19.8	4.2		77.4
	Second hand smoke exposure (public places)	23.1	25.8	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	83.8	72.4	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	81.0	63.8	69.5	10.1		96.7
	Transit stop (less than 5 minute walk)	89.4	77.8	84.0	37.5		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	22.6	25.0	26.7	16.6		46.6
	Food secure (enough to eat)	97.0	92.6	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	59.4	53.6	55.9	29.0		82.6
	4+ people to confide in/turn to for help	34.0	40.9	45.0	26.8		60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes