Neighbourhood Health Indicators - Richmond



Steveston

The chart below summarizes select indicators of health and well-being. Results for Steveston are compared to Richmond overall as well as the Metro Vancouver region.

Commonad to Matra Vancous	Average			
Compared to Metro Vancouver ● Better ● Similar ● Worse ◆ Richmond Average	Worst		Best	

DOMAIN	Indicator	Steveston (%) n = 540	Richmond (%) n = 2,875	Vancouver (%)	Metro Vancouver Worst (%)	Summary Chart		Metro Vancouver Best (%)
SOCIO-	Seniors aged 65+ years	18.2	17.0	16.2	4.9	4	(0	39.8
ECONOMIC	Education level high school or less	31.4	39.2	38.0	58.5		•	8.9
	Household income under \$40,000	28.0	38.5	31.7	75.6	•	•	6.9
	Currently employed	68.1	56.0	64.7	39.4	•	•	90.5
HEALTH STATUS	General health (excellent/very good)	49.9	41.5	48.5	34.3	•	•	73.1
	Mental health (excellent/very good)	59.1	52.4	56.5	39.8	•	•	79.9
	Obesity (BMI 30+)	18.1	16.9	21.7	39.7			6.6
	Diabetes	9.3	8.4	7.7	19.1	•		2.9
	High blood pressure	16.5	20.2	17.9	29.2	•	•	8.0
	Chronic breathing condition	7.7	6.2	7.2	13.3	•	•	3.7
	Arthritis	15.4	12.1	13.1	27.6	•	•	4.6
	Mood or anxiety disorder	12.2	11.3	16.3	28.8		•	7.2
	Multiple chronic conditions	8.0	8.6	7.9	16.3	•)	2.6
LIFESTYLE	Binge drinking (1+ times/month)	17.2	15.0	20.7	39.1		•	9.5
	Smoker (daily/occasional)	4.9	7.8	10.6	29.5		• •	3.0
	Physical activity (150+ minutes/week)	46.0	37.5	44.1	26.9	•	•	62.1
	5+ servings of fruits and vegetables (/day)	27.0	20.9	24.9	12.9	•	•	40.8
	Stress (extremely/quite stressed)	13.6	13.9	17.8	29.1		•	9.0
	Screen time (2+ hours/day)	50.6	49.4	47.8	59.7	•		32.4
	High physical wellness score (10-16)	40.6	36.8	37.7	21.1	•	•	52.1
PRIMARY CARE ACCESS	Family doctor access	90.9	87.1	83.1	60.2		• •	99.2
	Visited health care professional (past 12 months)	79.8	79.8	80.4	63.9			90.1
	Visited physician with appointment	88.8	82.9	75.0	60.8		• •	91.6
	Visited walk-in clinic without appointment	4.5	10.2	16.5	30.7		•	4.5
BUILT ENVIRONMENT	Commute - car	72.2	64.0	55.1	92.0	• •		10.7
	Commute - public transit	18.1	22.4	28.2	5.9	• •		53.9
	Commute - walk or cycle	7.1	10.3	13.7	4.7	•		52.3
	Commute time (one way 30+ minutes)	50.2	49.7	56.0	81.3		<u> </u>	38.8
	Primary mode to run errands - walk or cycle	8.6	11.7	19.8	4.2	•		77.4
	Second hand smoke exposure (public places)	17.5	26.1	26.6	43.7	•	•	7.9
	Sidewalks well maintained (strongly/somewhat agree)	86.2	76.1	75.5	4.9		•	90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	78.0	68.5	69.5	10.1		•	96.7
	Transit stop (less than 5 minute walk)	87.1	80.9	84.0	37.5	♦	<u> </u>	97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	36.0	29.6	26.7	16.6		•	46.6
	Food secure (enough to eat)	97.5	93.7	93.0	74.4			100.0
	Community belonging (strong/somewhat strong)	68.3	56.2	55.9	29.0			82.6
	4+ people to confide in/turn to for help	44.3	41.4	45.0	26.8	♦ •		60.6

 $For indicator \ definitions, please \ refer \ to \ Technical \ Notes \ at \ www.myhealthmycommunity.org/Results/Technical Notes$

