Neighbourhood Health Indicators - Vancouver



South Cambie & Oakridge

The chart below summarizes select indicators of health and well-being. Results for South Cambie & Oakridge are compared to Vancouver overall as well as the Metro Vancouver region.

Compared to Metro Vancouver

Better Similar Worse Vancouver Average

Worst Best

DOMAIN	Indicator	South Cambie & Oakridge (%) n = 293	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart		Metro Vancouver Best (%)
SOCIO- ECONOMIC	Seniors aged 65+ years	20.3	15.4	16.2	4.9		•	39.8
	Education level high school or less	23.6	34.4	38.0	58.5		•	8.9
	Household income under \$40,000	24.0	38.2	31.7	75.6	•		6.9
	Currently employed	69.1	64.5	64.7	39.4		-	90.5
HEALTH STATUS	General health (excellent/very good)	55.4	50.0	48.5	34.3		•	73.1
	Mental health (excellent/very good)	59.3	52.2	56.5	39.8		•	79.9
	Obesity (BMI 30+)	11.6	15.2	21.7	39.7		• •	6.6
	Diabetes	3.6	6.5	7.7	19.1		•	2.9
	High blood pressure	17.4	14.5	17.9	29.2		<u> </u>	8.0
	Chronic breathing condition	3.7	7.7	7.2	13.3	•	•	3.7
	Arthritis	7.1	11.6	13.1	27.6		•	4.6
	Mood or anxiety disorder	12.0	18.5	16.3	28.8	•	•	7.2
	Multiple chronic conditions	4.5	6.3	7.9	16.3		• •	2.6
LIFESTYLE	Binge drinking (1+ times/month)	15.3	25.7	20.7	39.1	•	•	9.5
	Smoker (daily/occasional)	3.8	12.1	10.6	29.5	•	•	3.0
	Physical activity (150+ minutes/week)	37.9	45.9	44.1	26.9	•	•	62.1
	5+ servings of fruits and vegetables (/day)	33.2	28.0	24.9	12.9		• •	40.8
	Stress (extremely/quite stressed)	18.2	17.1	17.8	29.1	0	•	9.0
	Screen time (2+ hours/day)	48.8	49.1	47.8	59.7	•		32.4
	High physical wellness score (10-16)	41.9	40.9	37.7	21.1		40	52.1
PRIMARY CARE ACCESS	Family doctor access	85.6	76.8	83.1	60.2	•	•	99.2
	Visited health care professional (past 12 months)	79.8	81.2	80.4	63.9		>	90.1
	Visited physician with appointment	85.2	69.6	75.0	60.8	•	•	91.6
	Visited walk-in clinic without appointment	10.3	19.4	16.5	30.7	•	•	4.5
BUILT ENVIRONMENT	Commute - car	36.6	32.7	55.1	92.0		••	10.7
	Commute - public transit	33.8	38.9	28.2	5.9		•	53.9
	Commute - walk or cycle	28.3	25.7	13.7	4.7		40	52.3
	Commute time (one way 30+ minutes)	46.9	52.6	56.0	81.3		• •	38.8
	Primary mode to run errands - walk or cycle	30.6	38.1	19.8	4.2		• •	77.4
	Second hand smoke exposure (public places)	24.3	32.0	26.6	43.7	•	•	7.9
	Sidewalks well maintained (strongly/somewhat agree)	82.7	79.8	75.5	4.9		(0	90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	84.8	81.4	69.5	10.1		40	96.7
	Transit stop (less than 5 minute walk)	91.6	91.5	84.0	37.5		•	97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	29.2	24.1	26.7	16.6	•	0	46.6
	Food secure (enough to eat)	96.6	91.5	93.0	74.4	♦		100.0
	Community belonging (strong/somewhat strong)	47.4	53.8	55.9	29.0	• •		82.6
	4+ people to confide in/turn to for help	53.0	49.5	45.0	26.8		• •	60.6

 $For indicator definitions, please \ refer to \ Technical \ Notes \ at \ www.myhealthmycommunity.org/Results/Technical \ Notes \ at \ www.myhealthmycommun$

