Neighbourhood Health Indicators - Vancouver

my Health my Community

Riley Park

The chart below summarizes select indicators of health and well-being. Results for Riley Park are compared to Vancouver overall as well as the Metro Vancouver region.

Compared to Metro Vancouver
- Better
- Similar
- Worse
- Vancouver Average

Metro Vancouver Average — Worst — Best

DOMAIN	Indicator	Riley Park (%) n = 478	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-ECONOMIC	Seniors aged 65+ years	12.4	15.4	16.2	4.9		39.8
	Education level high school or less	29.5	34.4	38.0	58.5		8.9
	Household income under $40,000	23.8	38.2	31.7	75.6		6.9
	Currently employed	72.6	64.5	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	50.3	50.0	48.5	34.3		73.1
	Mental health (excellent/very good)	50.6	52.2	56.5	39.8		79.9
	Obesity (BMI 30+)	15.3	15.2	21.7	39.7		6.6
	Diabetes	2.9	6.5	7.7	19.1		2.9
	High blood pressure	14.3	14.5	17.9	29.2		8.0
	Chronic breathing condition	8.0	7.7	7.2	13.3		3.7
	Arthritis	8.9	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	18.0	18.5	16.3	28.8		7.2
	Multiple chronic conditions	s	6.3	7.9	16.3		2.6
LIFESTYLE	Binge drinking (1+ times/month)	22.2	25.7	20.7	39.1		9.5
	Smoker (daily/occasional)	9.0	12.1	10.6	29.5		3.0
	Physical activity (150+ minutes/week)	46.9	45.9	44.1	26.9		62.1
	5+ servings of fruits and vegetables (/day)	34.0	28.0	24.9	12.9		40.8
	Stress (extremely/quite stressed)	17.6	17.1	17.8	29.1		9.0
	Screen time (2+ hours/day)	44.7	49.1	47.8	59.7		32.4
	High physical wellness score (10-16)	38.2	40.9	37.7	21.1		52.1
PRIMARY CARE ACCESS	Family doctor access	80.2	76.8	83.1	60.2		99.2
	Visited health care professional (past 12 months)	82.4	81.2	80.4	63.9		90.1
	Visited physician with appointment	67.2	69.6	75.0	60.8		91.6
	Visited walk-in clinic without appointment	18.5	19.4	16.5	30.7		4.5
BUILT ENVIRONMENT	Commute - car	36.1	32.7	55.1	92.0		10.7
	Commute - public transit	35.6	38.9	28.2	5.9		53.9
	Commute - walk or cycle	26.1	25.7	13.7	4.7		52.3
	Commute time (one way 30+ minutes)	51.5	52.6	56.0	81.3		38.8
	Primary mode to run errands - walk or cycle	31.5	38.1	19.8	4.2		77.4
	Second hand smoke exposure (public places)	23.0	32.0	26.6	43.7		7.9
	Sidewalks well maintained (strongly/somewhat agree)	85.0	79.8	75.5	4.9		90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	89.4	81.4	69.5	10.1		96.7
	Transit stop (less than 5 minute walk)	92.5	91.5	84.0	37.5		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	22.9	24.1	26.7	16.6		46.6
	Food secure (enough to eat)	95.0	91.5	93.0	74.4		100.0
	Community belonging (strong/somewhat strong)	58.2	53.8	55.9	29.0		82.6
	4+ people to confide in/turn to for help	54.1	49.5	45.0	26.8		60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes