

Morgan Creek & South East Surrey

The chart below summarizes select indicators of health and well-being. Results for Morgan Creek & South East Surrey are compared to Surrey overall as well as the Metro Vancouver region.

Compared to Metro Vancouver Better Similar Worse Surrey Average					Worst Best			
DOMAIN	Indicator	Morgan Creek & South East Surrey (%) n = 156	Surrey (%) n = 3,683	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart		Metro Vancouver Best (%)
SOCIO- ECONOMIC	Seniors aged 65+ years	S	15.7	16.2	4.9			39.8
	Education level high school or less	27.7	47.5	38.0	58.5	•	•	8.9
	Household income under \$40,000	S	33.4	31.7	75.6			6.9
	Currently employed	74.3	64.1	64.7	39.4		•	90.5
HEALTH STATUS	General health (excellent/very good)	60.5	45.5	48.5	34.3	•	•	73.1
	Mental health (excellent/very good)	60.6	59.6	56.5	39.8		(79.9
	Obesity (BMI 30+)	28.0	28.1	21.7	39.7	•		6.6
	Diabetes	S	11.5	7.7	19.1	•		2.9
	High blood pressure	13.4	20.6	17.9	29.2	•	•	8.0
	Chronic breathing condition	S	6.7	7.2	13.3		•	3.7
	Arthritis	S	13.8	13.1	27.6	•		4.6
	Mood or anxiety disorder	14.2	15.2	16.3	28.8		.	7.2
	Multiple chronic conditions	S	10.3	7.9	16.3	•		2.6
LIFESTYLE	Binge drinking (1+ times/month)	19.5	17.2	20.7	39.1		•	9.5
	Smoker (daily/occasional)	S	11.2	10.6	29.5			3.0
	Physical activity (150+ minutes/week)	55.5	41.3	44.1	26.9	•	•	62.1
	5+ servings of fruits and vegetables (/day)	21.9	20.5	24.9	12.9	••		40.8
	Stress (extremely/quite stressed)	24.7	18.6	17.8	29.1	• •		9.0
	Screen time (2+ hours/day)	36.4	45.6	47.8	59.7		•	32.4
	High physical wellness score (10-16)	47.9	35.3	37.7	21.1	•	•	52.1
PRIMARY CARE ACCESS	Family doctor access	90.8	84.7	83.1	60.2		•	99.2
	Visited health care professional (past 12 months)	77.5	80.1	80.4	63.9			90.1
	Visited physician with appointment	76.9	73.9	75.0	60.8	•	•	91.6
	Visited walk-in clinic without appointment	12.4	18.3	16.5	30.7	•	•	4.5
BUILT	Commute - car	90.0	65.5	55.1	92.0	• •		10.7
ENVIRONMENT	Commute - public transit	S	23.7	28.2	5.9	•		53.9
	Commute - walk or cycle	S	6.9	13.7	4.7	•		52.3
	Commute time (one way 30+ minutes)	47.6	58.0	56.0	81.3	•	•	38.8
	Primary mode to run errands - walk or cycle	S	11.5	19.8	4.2	•		77.4
	Second hand smoke exposure (public places)	13.8	25.8	26.6	43.7		•	7.9
	Sidewalks well maintained (strongly/somewhat agree)	79.2	72.4	75.5	4.9		•	90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	77.5	63.8	69.5	10.1	•	•	96.7
	Transit stop (less than 5 minute walk)	59.3	77.8	84.0	37.5	• •		97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	28.7	25.0	26.7	16.6	•	•	46.6
	Food secure (enough to eat)	97.9	92.6	93.0	74.4			100.0
	Community belonging (strong/somewhat strong)	66.2	53.6	55.9	29.0	•	•	82.6
	4+ people to confide in/turn to for help	51.3	40.9	45.0	26.8			60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.

For indicator definitions, please refer to Technical Notes at www.myhealthmycommunity.org/Results/TechnicalNotes

