Neighbourhood Health Indicators - Vancouver



Hastings-Sunrise

The chart below summarizes select indicators of health and well-being. Results for Hastings-Sunrise are compared to Vancouver overall as well as the Metro Vancouver region.

			3		ancouver erage	
Compared t Better	o Metro Var Similar	• Worse	◆ Vancouver Average	Wor	1	Best

Better	Similar • Worse • Vancouver Average					'	
DOMAIN	Indicator	Hastings- Sunrise (%) n = 454	Vancouver (%) n = 9,995	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-	Seniors aged 65+ years	19.1	15.4	16.2	4.9	•	39.8
ECONOMIC	Education level high school or less	47.4	34.4	38.0	58.5	• •	8.9
	Household income under \$40,000	43.6	38.2	31.7	75.6	• •	6.9
	Currently employed	62.6	64.5	64.7	39.4		90.5
HEALTH STATUS	General health (excellent/very good)	43.3	50.0	48.5	34.3	•	73.1
	Mental health (excellent/very good)	47.3	52.2	56.5	39.8	• •	79.9
	Obesity (BMI 30+)	12.8	15.2	21.7	39.7	♦ •	6.6
	Diabetes	7.1	6.5	7.7	19.1	<u>→</u>	2.9
	High blood pressure	18.4	14.5	17.9	29.2	•	8.0
	Chronic breathing condition	7.3	7.7	7.2	13.3	(3.7
	Arthritis	12.2	11.6	13.1	27.6		4.6
	Mood or anxiety disorder	18.7	18.5	16.3	28.8	•	7.2
	Multiple chronic conditions	S	6.3	7.9	16.3	•	2.6
LIFESTYLE	Binge drinking (1+ times/month)	19.4	25.7	20.7	39.1	•	9.5
	Smoker (daily/occasional)	13.3	12.1	10.6	29.5	•	3.0
	Physical activity (150+ minutes/week)	45.0	45.9	44.1	26.9	<u>.</u>	62.1
	5+ servings of fruits and vegetables (/day)	23.2	28.0	24.9	12.9	•	40.8
	Stress (extremely/quite stressed)	16.8	17.1	17.8	29.1	(9.0
	Screen time (2+ hours/day)	52.2	49.1	47.8	59.7	• •	32.4
	High physical wellness score (10-16)	47.5	40.9	37.7	21.1	•	52.1
PRIMARY	Family doctor access	84.0	76.8	83.1	60.2	♦ •	99.2
CARE ACCESS	Visited health care professional (past 12 months)	83.8	81.2	80.4	63.9	♦ •	90.1
	Visited physician with appointment	74.5	69.6	75.0	60.8	♦ 6	91.6
	Visited walk-in clinic without appointment	16.4	19.4	16.5	30.7	♦ •	4.5
BUILT	Commute - car	47.8	32.7	55.1	92.0	•	10.7
ENVIRONMENT	Commute - public transit	35.9	38.9	28.2	5.9	••	53.9
	Commute - walk or cycle	14.4	25.7	13.7	4.7	•	52.3
	Commute time (one way 30+ minutes)	60.4	52.6	56.0	81.3	• •	38.8
	Primary mode to run errands - walk or cycle	21.6	38.1	19.8	4.2	→	77.4
	Second hand smoke exposure (public places)	39.5	32.0	26.6	43.7	• •	7.9
	Sidewalks well maintained (strongly/somewhat agree)	69.2	79.8	75.5	4.9	•	90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	75.5	81.4	69.5	10.1	•	96.7
	Transit stop (less than 5 minute walk)	89.1	91.5	84.0	37.5	•	97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	27.5	24.1	26.7	16.6	*	46.6
	Food secure (enough to eat)	94.0	91.5	93.0	74.4	♦ •	100.0
	Community belonging (strong/somewhat strong)	53.1	53.8	55.9	29.0	•	82.6
	4+ people to confide in/turn to for help	47.0	49.5	45.0	26.8	○ ♦	60.6

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.



