Neighbourhood Health Indicators - Richmond



City Centre

The chart below summarizes select indicators of health and well-being. Results for City Centre are compared to Richmond overall as well as the Metro Vancouver region.

Metro Vancouver

Commono	d to Metro Va			Average			
Better	Similar	Worse	Richmond Average	Worst			Best

DOMAIN	Indicator	City Centre (%) n = 586	Richmond (%) n = 2,875	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart	Metro Vancouver Best (%)
SOCIO-	Seniors aged 65+ years	14.6	17.0	16.2	4.9	•	39.8
ECONOMIC	Education level high school or less	36.7	39.2	38.0	58.5	4	8.9
	Household income under \$40,000	44.1	38.5	31.7	75.6	• •	6.9
	Currently employed	55.9	56.0	64.7	39.4	•	90.5
HEALTH STATUS	General health (excellent/very good)	41.2	41.5	48.5	34.3	•	73.1
	Mental health (excellent/very good)	49.0	52.4	56.5	39.8	• •	79.9
	Obesity (BMI 30+)	15.9	16.9	21.7	39.7	40	6.6
	Diabetes	8.8	8.4	7.7	19.1	•	2.9
	High blood pressure	19.2	20.2	17.9	29.2	•••	8.0
	Chronic breathing condition	5.4	6.2	7.2	13.3	♦ •	3.7
	Arthritis	13.3	12.1	13.1	27.6	•	4.6
	Mood or anxiety disorder	10.0	11.3	16.3	28.8	••	7.2
	Multiple chronic conditions	10.4	8.6	7.9	16.3	• •	2.6
LIFESTYLE	Binge drinking (1+ times/month)	15.1	15.0	20.7	39.1	•	9.5
	Smoker (daily/occasional)	11.1	7.8	10.6	29.5	•	3.0
	Physical activity (150+ minutes/week)	36.0	37.5	44.1	26.9	••	62.1
	5+ servings of fruits and vegetables (/day)	18.7	20.9	24.9	12.9	• •	40.8
	Stress (extremely/quite stressed)	12.9	13.9	17.8	29.1	••	9.0
	Screen time (2+ hours/day)	55.9	49.4	47.8	59.7	• •	32.4
	High physical wellness score (10-16)	32.2	36.8	37.7	21.1	• •	52.1
PRIMARY	Family doctor access	83.7	87.1	83.1	60.2	→ ◆	99.2
CARE ACCESS	Visited health care professional (past 12 months)	80.9	79.8	80.4	63.9	4>	90.1
	Visited physician with appointment	81.0	82.9	75.0	60.8	••	91.6
	Visited walk-in clinic without appointment	12.6	10.2	16.5	30.7	• •	4.5
BUILT	Commute - car	51.6	64.0	55.1	92.0	•	10.7
ENVIRONMENT	Commute - public transit	28.1	22.4	28.2	5.9	♦ •	53.9
	Commute - walk or cycle	15.6	10.3	13.7	4.7	• •	52.3
	Commute time (one way 30+ minutes)	50.9	49.7	56.0	81.3	•	38.8
	Primary mode to run errands - walk or cycle	25.0	11.7	19.8	4.2	•	77.4
	Second hand smoke exposure (public places)	33.2	26.1	26.6	43.7	•	7.9
	Sidewalks well maintained (strongly/somewhat agree)	79.3	76.1	75.5	4.9	•	90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	85.3	68.5	69.5	10.1	•	96.7
	Transit stop (less than 5 minute walk)	83.2	80.9	84.0	37.5	4	97.5
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	22.4	29.6	26.7	16.6	• •	46.6
	Food secure (enough to eat)	91.4	93.7	93.0	74.4	•	100.0
	Community belonging (strong/somewhat strong)	54.7	56.2	55.9	29.0	•	82.6
	4+ people to confide in/turn to for help	41.1	41.4	45.0	26.8	•	60.6

 $For indicator \ definitions, please \ refer \ to \ Technical \ Notes \ at \ www.myhealthmycommunity.org/Results/Technical Notes$

