Neighbourhood Health Indicators - Burnaby

Burnaby Average



Best

4.5

10.7

53.9

52.3

38.8

77.4

7.9

90.9

96.7

97.5

46.6

100.0

82.6

Average

Worst

Cariboo, Second Street, & Stoney Creek

Compared to Metro Vancouver

Similar

Worse

Better

BUILT

ENVIRONMENT

COMMUNITY

RESILIENCY

The chart below summarizes select indicators of health and well-being. Results for Cariboo, Second Street, & Stoney Creek are compared to Burnaby overall as well as the Metro Vancouver region.

Metro Vancouver

DOMAIN Indicator Metro Metro Cariboo, Second **Burnaby** Metro **Summary Chart** Vancouver Street, & Stoney (%) Vancouver (%) Vancouver Creek (%) n = 2,193n = 28,128Worst (%) Best (%) n = 257Seniors aged 65+ years 10.7 SOCIO-16.4 16.2 4.9 39.8 **ECONOMIC** Education level high school or less 27.7 36.5 38.0 58.5 8.9 Household income under \$40,000 26.6 34.2 31.7 75.6 6.9 90.5 Currently employed 74.8 63.9 64.7 39.4 **HEALTH** General health (excellent/very good) 53.7 46.2 48.5 73.1 34.3 **STATUS** Mental health (excellent/very good) 61.2 54.0 56.5 39.8 79.9 Obesity (BMI 30+) 15.6 19.2 21.7 39.7 6.6 5.9 7.7 Diabetes 6.0 19.1 2.9 High blood pressure 18.6 18.9 17.9 29.2 8.0 Chronic breathing condition ς 7.1 7.2 13.3 3.7 Arthritis 6.0 12.9 13.1 27.6 4.6 Mood or anxiety disorder 16.4 13.9 16.3 28.8 7.2 Multiple chronic conditions 6.0 8.5 7.9 16.3 2.6 **LIFESTYLE** Binge drinking (1+ times/month) 19.1 15.3 20.7 39.1 9.5 Smoker (daily/occasional) 8.7 29.5 10.6 3.0 S Physical activity (150+ minutes/week) 41.6 40.1 44.1 26.9 62.1 5+ servings of fruits and vegetables (/day) 22.8 23.9 24.9 12.9 40.8 Stress (extremely/quite stressed) 17.0 18.4 17.8 29.1 9.0 Screen time (2+ hours/day) 48.1 53.1 47.8 59.7 32.4 High physical wellness score (10-16) 35.6 35.5 37.7 21.1 52.1 **PRIMARY** Family doctor access 83.0 80.7 83.1 99.2 60.2 **CARE ACCESS** Visited health care professional (past 12 months) 76.5 77.2 80.4 63.9 90.1 Visited physician with appointment 70.6 75.5 75.0 60.8 91.6

23.0

61.8

34.2

S

71.3

18.6

34.5

80.5

67.5

80.8

24.0

94.2

41.3

16.1

51.6

38.0

8.5

63.8

14.9

30.4

75.7

65.0

82.5

28.4

94.3

49.1

16.5

55.1

28.2

13.7

56.0

19.8

26.6

75.5

69.5

84.0

26.7

93.0

55.9

45.0

30.7

92.0

5.9

4.7

81.3

4.2

43.7

4.9

10.1

37.5

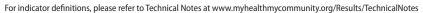
16.6

74.4

29.0

26.8

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.



Visited walk-in clinic without appointment

Commute time (one way 30+ minutes)

Primary mode to run errands - walk or cycle

Second hand smoke exposure (public places)

Amenities within walking/cycling distance

Transit stop (less than 5 minute walk)

4+ people to confide in/turn to for help

Sidewalks well maintained (strongly/somewhat agree)

Community belonging (strong/somewhat strong)

Commute - car

Commute - public transit

Commute - walk or cycle

(strongly/somewhat agree)

Emergency supplies (3+ days)

Food secure (enough to eat)

