Neighbourhood Health Indicators - Burnaby



Burnaby South, Sussex & Nelson

The chart below summarizes select indicators of health and well-being. Results for Burnaby South, Sussex & Nelson are compared to Burnaby overall as well as the Metro Vancouver region.

Metro Vancouver

DOMAIN	Similar • Worse • Burnaby Average Indicator	Dames have Carrel	Danier - Lor		Matur	c	C	
		Burnaby South, Sussex & Nelson (%) n = 209	Burnaby (%) n = 2,193	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart		Metro Vancouver Best (%)
SOCIO- ECONOMIC	Seniors aged 65+ years	13.5	16.4	16.2	4.9	<u> </u>		39.8
	Education level high school or less	25.1	36.5	38.0	58.5		•	8.9
	Household income under \$40,000	29.7	34.2	31.7	75.6	•	•	6.9
	Currently employed	67.2	63.9	64.7	39.4		•	90.5
HEALTH STATUS	General health (excellent/very good)	47.3	46.2	48.5	34.3	(73.1
	Mental health (excellent/very good)	61.3	54.0	56.5	39.8	•	0	79.9
	Obesity (BMI 30+)	21.9	19.2	21.7	39.7		•	6.6
	Diabetes	S	6.0	7.7	19.1		•	2.9
	High blood pressure	14.9	18.9	17.9	29.2	•	•	8.0
	Chronic breathing condition	S	7.1	7.2	13.3			3.7
	Arthritis	11.9	12.9	13.1	27.6		9	4.6
	Mood or anxiety disorder	10.9	13.9	16.3	28.8		• •	7.2
	Multiple chronic conditions	S	8.5	7.9	16.3	•		2.6
LIFESTYLE	Binge drinking (1+ times/month)	14.8	15.3	20.7	39.1		()	9.5
	Smoker (daily/occasional)	S	8.7	10.6	29.5		•	3.0
	Physical activity (150+ minutes/week)	35.8	40.1	44.1	26.9	• •		62.1
	5+ servings of fruits and vegetables (/day)	30.7	23.9	24.9	12.9	•	0	40.8
	Stress (extremely/quite stressed)	19.7	18.4	17.8	29.1	• •		9.0
	Screen time (2+ hours/day)	53.0	48.1	47.8	59.7	•		32.4
	High physical wellness score (10-16)	41.7	35.5	37.7	21.1	•	0	52.1
PRIMARY CARE ACCESS	Family doctor access	86.5	80.7	83.1	60.2	•	0	99.2
	Visited health care professional (past 12 months)	72.9	77.2	80.4	63.9	•		90.1
	Visited physician with appointment	83.5	75.5	75.0	60.8		•	91.6
	Visited walk-in clinic without appointment	8.0	16.1	16.5	30.7			4.5
BUILT ENVIRONMENT	Commute - car	59.3	51.6	55.1	92.0	•	♦	10.7
	Commute - public transit	32.3	38.0	28.2	5.9		• •	53.9
	Commute - walk or cycle	S	8.5	13.7	4.7	•		52.3
	Commute time (one way 30+ minutes)	60.3	63.8	56.0	81.3	• •		38.8
	Primary mode to run errands - walk or cycle	9.9	14.9	19.8	4.2	•		77.4
	Second hand smoke exposure (public places)	27.0	30.4	26.6	43.7	•		7.9
	Sidewalks well maintained (strongly/somewhat agree)	77.3	75.7	75.5	4.9			90.9
	Amenities within walking/cycling distance (strongly/somewhat agree)	58.3	65.0	69.5	10.1	• •		96.7
	Transit stop (less than 5 minute walk)	83.9	82.5	84.0	37.5	(97.5
OMMUNITY	Emergency supplies (3+ days)	25.3	28.4	26.7	16.6			46.6

95.5

47.8

41.8

94.3

49.1

93.0

55.9

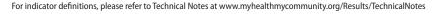
45.0

74.4

29.0

26.8

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.





100.0

82.6

Food secure (enough to eat)

Community belonging (strong/somewhat strong)

4+ people to confide in/turn to for help

RESILIENCY