Neighbourhood Health Indicators - Burnaby



Buckingham, Lakeview & Government Road

The chart below summarizes select indicators of health and well-being. Results for Buckingham, Lakeview & Government Road are compared to Burnaby overall as well as the Metro Vancouver region.

Metro Vancouver

Compared to Burnaby overall as well as the Metro Vancouver region. Compared to Metro Vancouver							Metro Vancouver Average		
•	Similar • Worse • Burnaby Average				Wo	rst		Best	
DOMAIN	Indicator	Buckingham, Lakeview & Government Road (%) n = 109	Burnaby (%) n = 2,193	Metro Vancouver (%) n = 28,128	Metro Vancouver Worst (%)	Summary Chart		Metro Vancouver Best (%)	
SOCIO- ECONOMIC	Seniors aged 65+ years	10.5	16.4	16.2	4.9	•		39.8	
	Education level high school or less	23.7	36.5	38.0	58.5		•	8.9	
	Household income under \$40,000	12.3	34.2	31.7	75.6	•	•	6.9	
	Currently employed	73.9	63.9	64.7	39.4			90.5	
HEALTH STATUS	General health (excellent/very good)	54.1	46.2	48.5	34.3	•	0	73.1	
	Mental health (excellent/very good)	68.6	54.0	56.5	39.8	•	•	79.9	
	Obesity (BMI 30+)	21.5	19.2	21.7	39.7		•	6.6	
	Diabetes	S	6.0	7.7	19.1		•	2.9	
	High blood pressure	28.1	18.9	17.9	29.2	•		8.0	
	Chronic breathing condition	S	7.1	7.2	13.3			3.7	
	Arthritis	S	12.9	13.1	27.6			4.6	
	Mood or anxiety disorder	11.8	13.9	16.3	28.8		• •	7.2	
	Multiple chronic conditions	S	8.5	7.9	16.3	•		2.6	
LIFESTYLE	Binge drinking (1+ times/month)	S	15.3	20.7	39.1		•	9.5	
	Smoker (daily/occasional)	S	8.7	10.6	29.5		•	3.0	
	Physical activity (150+ minutes/week)	45.5	40.1	44.1	26.9	•		62.1	
	5+ servings of fruits and vegetables (/day)	26.2	23.9	24.9	12.9	•		40.8	
	Stress (extremely/quite stressed)	12.4	18.4	17.8	29.1	•	•	9.0	
	Screen time (2+ hours/day)	41.9	48.1	47.8	59.7		,	32.4	
	High physical wellness score (10-16)	37.3	35.5	37.7	21.1	•		52.1	
PRIMARY CARE ACCESS	Family doctor access	95.1	80.7	83.1	60.2	•	•	99.2	
	Visited health care professional (past 12 months)	79.4	77.2	80.4	63.9	♦ ○		90.1	
	Visited physician with appointment	81.6	75.5	75.0	60.8		•	91.6	
	Visited walk-in clinic without appointment	S	16.1	16.5	30.7			4.5	
BUILT ENVIRONMENT	Commute - car	62.1	51.6	55.1	92.0	0	♦	10.7	
	Commute - public transit	24.8	38.0	28.2	5.9	•	*	53.9	
	Commute - walk or cycle	S	8.5	13.7	4.7	•		52.3	
	Commute time (one way 30+ minutes)	50.6	63.8	56.0	81.3	•	0	38.8	
	Primary mode to run errands - walk or cycle	S	14.9	19.8	4.2	•		77.4	
	Second hand smoke exposure (public places)	16.7	30.4	26.6	43.7	♦	•	7.9	
	Sidewalks well maintained (strongly/somewhat agree)	76.4	75.7	75.5	4.9			90.9	
	Amenities within walking/cycling distance (strongly/somewhat agree)	39.0	65.0	69.5	10.1	• •		96.7	
	Transit stop (less than 5 minute walk)	77.5	82.5	84.0	37.5	•	,	97.5	
COMMUNITY RESILIENCY	Emergency supplies (3+ days)	26.9	28.4	26.7	16.6		*	46.6	
	Food secure (enough to eat)	98.9	94.3	93.0	74.4		• •	100.0	
	Community belonging (strong/somewhat strong)	56.0	49.1	55.9	29.0			82.6	

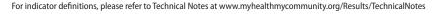
36.6

40.1

45.0

26.8

s = Estimates with coefficients of variation (CV) greater than 33.3% were considered unreliable due to small sample size and were suppressed.



4+ people to confide in/turn to for help

